

# Adventure Camp Summit Journey Information Sheet



Here is some key information to help you prepare your camper -

**Before Camp Begins** - Please complete the Canby Grove Camper Release and Health Form and Discovery Outfitters Forms enclosed in this packet, and send them to Canby Grove **by June 2nd**. If you registered after June 2<sup>nd</sup>, forms must be sent in at least 2 weeks before camp. This will allow us to be better prepared for any special needs your camper may have.

**IMPORTANT NOTE** - All signed forms **must** be on file with the Camp Office for a camper to remain on the grounds and participate in the program.

**Registration and Drop Off** - Monday, August 2<sup>nd</sup> at 7:30 a.m. After parking in the Canby Grove parking lot, there will be signs to direct you.

**Pickup Time** - Saturday, August 7<sup>th</sup> at 10 a.m. at Canby Grove

**Clothing** - In cooler weather clothing made of wool, fleece, or polypropylene is best to have because they retain body heat even when wet. For hot weather synthetic materials are better for their quick drying capabilities. Jeans and cotton clothing are not helpful because when wet they do not keep you warm and they do not dry quickly.

**Footwear** - We recommend a pair of tennis shoes or sandals for rafting that will get wet and a pair of medium weight hiking boots or shoes for hiking and climbing. Shoes should be well fitting, closed toed, and lace up. Not Flip-flops. Make sure they are comfortable and that you break them in before the trip to prevent blisters.

## What to Bring -

- |   |  |
|---|--|
| <input type="checkbox"/> T-shirts   | <input type="checkbox"/> Sunglasses                |
| <input type="checkbox"/> Hat w/bill   | <input type="checkbox"/> Swimsuit/shorts           |
| <input type="checkbox"/> Wool or fleece sweater/ Jacket   | <input type="checkbox"/> Sunscreen                 |
| <input type="checkbox"/> Flashlight   | <input type="checkbox"/> Dry clothes for evenings  |
| <input type="checkbox"/> Towel  | <input type="checkbox"/> Basic personal toiletries |
| <input type="checkbox"/> Water Bottle   |  |
| <input type="checkbox"/> Bible, pen and paper   |  |
| <input type="checkbox"/> Sleeping Bag & Pad   |  |
| <input type="checkbox"/> Medium weight hiking boots or shoes  |  |
| <input type="checkbox"/> Sturdy, secure tennis shoes or sandals that won't fall off (No Flip-flops) |  |

## *In case of challenging weather -*

- Rain/wind jacket and pants
- Wool socks

***Space is limited, so leave extras behind.***

## Camp Memories -

- If you have pre-ordered a t-shirt, they will be available to be picked up during Registration. If you have not pre-ordered a shirt, they will be available for purchase during Registration for \$10.00.



***Please feel free to contact us anytime!***