



Canby Grove's Food Service

Specialty Diet Menu

Specialty Diet Options

CGFS is aware that there are a growing number of complex allergies and specialty diets for some of our guests.

Our Food Service Director has developed a simple, basic menu that caters to these most popular individual dietary needs including corn, gluten, soy, nuts, and dairy diets along with a Vegetarian/Vegan menu. These meals can be specially prepared for you with the appropriate prior notification to our guests department through your event leadership. Please be aware that it can take up to three meals to implement a specialty diet plan, if not pre-arranged.

If minute amounts of an allergen can cause an allergic reaction please feel free to take advantage of our complimentary refrigerator and microwave oven located in the main dining hall to accommodate your self prepared dietary menu needs during your stay.

Guest Name: _____

Guest Group: _____

Dates Arriving: _____

Circle One: Allergen Free Vegetarian Vegan

Date	01/01						
Day	Friday						
Break							
Lunch	XXX						
Din							

Please be cautioned that **CGFS department is NOT an allergen free environment** and food prepared in our facility could be inadvertently cross contaminated with your particular allergen in the general preparation of our standard menu offerings.

Please present to the Guests Service Host in Main Office

Sample menu

Gluten, Corn, Soy, Nuts & Dairy Free	Sample Vegetarian / Vegan
<p>Breakfast Boiled egg Fresh steamed or grilled meat Fresh fruit Oatmeal or Plain Rice</p> <p>Lunch Green Salad Steamed Chicken Steamed rice Fresh vegetable</p> <p>Dinner Green Salad Fresh vegetable Baked Potato Steamed or baked fish, Chicken, beef or pork.</p>	<p>Breakfast Tofu Scramble Morning star patties (N/A Vegan) Fresh fruit Cereal Soy milk</p> <p>Lunch Green Salad Fresh Vegetable Garden burger style patty Mushroom Gravy (or other sandwich meat substitute) Fries</p> <p>Dinner Green Salad Fresh vegetable Baked potato or Vegetable Rice Pilaf Vegan Cutlet</p>